

Hear with your Heart
See with your Soul

Feeding, caring & tending
lambs and sheep

Hear with your Heart - See with your Soul

- Know God
- Know yourself (J. Calvin – Institutes)
 - Your relationship with the Shepherd.
 - Character strengths &
 - Character weaknesses
 - Work in progress:
 - a shepherd in need of shepherding – (Phil 1)

Hear with your Heart
See with your Soul

- Know the spirit of the times
 - Hurried & Stressed.
 - Depressed & Confused.
 - Unsafe. Disconnected.
 - Immoral & Debased.
 - False Doctrines.
 - Therapeutic Culture.
 - Materialism.
 - Olympism.
- Know strategies of the evil one.

Hear with your Heart -See with your Soul

- **Know** your ward members.

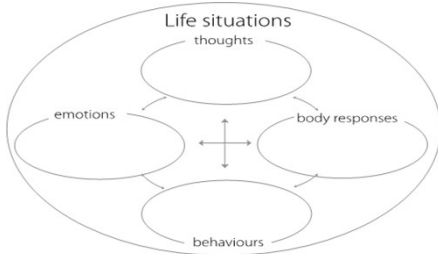
1. KNOW → 2. ENCOURAGE → 3. ADMONISH → 4. HOPE

"KNOW" spells **T.I.M.E**

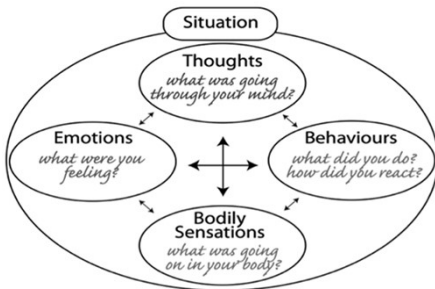
Alternate spelling:

L.O.V.E.

Hear with your Heart - See with your Soul



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1. KNOW – 2. ENCOURAGE – 3. ADMONISH – 4. HOPE

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- **1. Ask** Open ended Questions
 - Flash Light Questions
 - » What's the atmosphere like. Listen for eggshells & look for elephants in the room. Behaviours.
 - Laser Beam Questions
 - » Zoom in on a particular issue
 - 5W1H Questions
 - How? Who? What? When? Where? Why?
- **2. Listen** actively

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- Flash light question:
 - *Is technology drawing your family together or driving it apart?*

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- Laser beam question:
 - Have you ever seen pornography?
 - How did you first see pornography and how old were you? How many times have you seen it since?
 - When was the last time that you saw pornography?
 - Did "it find you" or did you go looking for it?

(Challies, T. Sexual Detox. 2009, p. 7: slightly edited)

Hear with your Heart - See with your Soul

"Feed my lambs"

"Loving, protecting, and advocating for children is an essential component of the elders/deacons'/pastors' tasks of visiting, to ensure that little lambs grow and mature as unscarred worshipers."



Hear with your Heart - See with your Soul

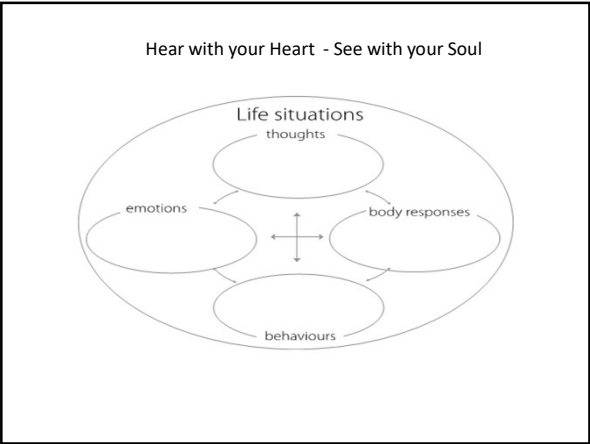
"Feed my lambs"

Ask:

"Are the *lambs* in *my ward* shepherded by godly parents who effectively and actually protect, wisely comfort, encourage and admonish their children in the presence of the Shepherd?"

Hear with your Heart - See with your Soul

If a child lives with....	he learns
Criticism to condemn
Hostility to fight
Ridicule to be shy
Shame to feel guilty
Tolerance to be patient
Encouragement confidence
Fairness justice
Security to have faith
Approval to like himself
Love to recognize the Shepherd of his soul.



Hear with your Heart See with your Soul

Core Emotions

	Sadness	Shame	Fear	Enjoyment	Love	Surprise	Disgust	Anger
CORE EMOTIONS	Despair	Guilt	Terrified	Ecstatic	Worship	Shocked	Revulsion	Fury
	Depression	Sorrowful	Dreading	Overjoyed	Adoration	Stunned	Despising	Hostility
	Grief	Worthless	Fearful	Excited	Infatuation	Alarmed	Detesting	Hatred
	Loneliness	Disgraced	Afraid	Thrilled	Loyalty	Astonished	Loathing	Animosity
	Hurt	Dishonored	Frightened	Delighted	Attraction	Perplexed	Contempt	Bitterness
	Hopelessness	Humiliated	Anxious	Passionate	Respect	Bewildered	Scorn	Exasperation
	Sorrow	Remorseful	Insecure	Cheerful	Compassion	Disoriented	Aversion	Antipathy
	Self-pity	Unworthy	Intimidated	Happy	Fondness	Confused	Rejection	Resentment
	Distress	Embarrassed	Nervous	Satisfied	Friendliness	Wondering	Disrespect	Mad
	Unhappiness	Boastful	Worried	Glad	Kindness	Unsettled	Disapproval	Frustration
	Gloom	Regretful	Uneasy	Contented	Liking	Puzzled	Dislike	Annoyance
	Disappointment	Uncomfortable	Concerned	Pleased	Acceptance	Bemused	Dislike	Intuition
	Spirit of Fear			Spirit of Power, Love, and Self-Control			Spirit of Anger	
"God gave us a spirit not of fear... (2 Tim. 1:7a)			... but of power and love and self-control." (1:7b)			"Be not quick in your spirit to become angry for anger lodges in the bosom of fools" (Ecc. 7:9)		

Source: Sande, K., *Discovering Relational Wisdom*, Lesson 3 | www.rw360.org

	Practice	Avoid
	- Sweet Aroma -	- Smelly Fish -
Comfort		
Encourage		
Admonish		

	Practice - Sweet Aroma -	Avoid -Smelly Fish-
Comfort	<ul style="list-style-type: none">• Ask open ended questions• Listen Actively• Grieve with those who grieve, rejoice with those who rejoice	

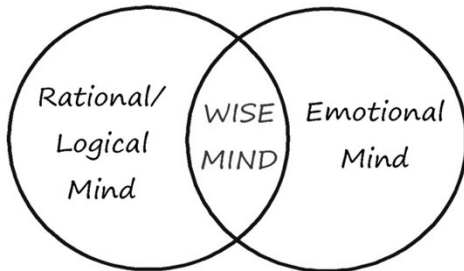
	Practice - Sweet Aroma -	Avoid -Smelly Fish-
Comfort	<ul style="list-style-type: none">• Ask open ended questions• Listen Actively• Grieve with those who grieve	Talking "Singing songs to a heavy heart."

	Practice - Sweet Aroma -	Avoid -Smelly Fish-
Comfort	<ul style="list-style-type: none">• Ask open ended questions• Listen Actively• Grieve with those who grieve• ---	Talking "Singing songs to a heavy heart." Minimize
Encourage	<ul style="list-style-type: none">• Define terms• Ask open ended questions• Know the spirit of the times• Recognize , validate and nurture God-honoring and character building emotions: Power Love Self-Control	
Admonish		

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Core Emotions								
	Sadness	Shame	Fear	Enjoyment	Love	Surprise	Disgust	Anger
High	Despair	Guilt	Terrified	Ecstatic	Worship	Shocked	Revulsion	Fury
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	Spirit of Fear			Spirit of Power, Love, and Self-Control			Spirit of Anger	
	"God gave us a spirit not of fear..." (2 Tim. 1:7a)			"... but of power and love and self-control." (1:7b)			"Be not quick in your spirit to become angry for anger lodges in the bosom of fools" (Ecc. 7:9)	

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	Practice - Sweet Aroma -	Avoid - Smelly Fish -
Comfort	<ul style="list-style-type: none">Ask open ended questionsListen ActivelyGrieve with those who grieve...	<ul style="list-style-type: none">TalkingDo not "sing songs to a heavy heart."Minimize
Encourage	<ul style="list-style-type: none">Define termsAsk open ended questionsKnow the spirit of the timesRecognize, validate and stimulate God honoring and character building emotions:<ul style="list-style-type: none">Power, Love, Self-Control	<ul style="list-style-type: none">Avoid "superficial"Avoid "casual"Avoid "minimizing"
Admonish		

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	Practice - Sweet Aroma -	Avoid -Smelly Fish-
Comfort	<ul style="list-style-type: none">• Ask open ended questions• Listen Actively• Grieve with those who grieve•	Talking Do not "sing songs to a heavy heart." Minimize
Encourage	<ul style="list-style-type: none">• Define terms• Ask open ended questions• Know the spirit of the times• Recognize, validate and stimulate God honoring and character building emotions.<ul style="list-style-type: none">• Power, Love, Self-Control	Avoid "superficial" Avoid "casual" Avoid "minimizing"
Admonish	<ul style="list-style-type: none">• "Pass under the rod" (Ec. 20:31 Ps. 139:23,24)• Speak Truth in Love• Define terms• Respond actively• Identify, then• Block the runaway conversation	

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Term	Definition
Busybody-ing: 'fact finding'	Seeking out information on a false report and spreading it by means of gossip, slander, backbiting, etc..
Complaining	Fault finding.
Murmuring	Grumbling.
Slandering	Trying to injure someone's reputation or character by false and defamatory statements.
Tale bearing (Gossiping)	Elaborating and exaggerating so as to make a story more dramatic
Whispering	Talking about other people privately, secretly or covertly in order to hurt them.
Backbiting	Speaking against an absent individual

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Encourage	<ul style="list-style-type: none">• Define terms• Ask open ended questions• Know the spirit of the times• Recognize, validate and stimulate God honoring and character building emotions.<ul style="list-style-type: none">• Power• Love• Self-Control	Avoid "superficial" Avoid "casual" Avoid "minimizing"
Admonish	<ul style="list-style-type: none">• "Pass under the rod"• Speak Truth in Love• Define terms• Respond actively• Identify, then• Block the runaway conversation	Avoid "casual" Avoid sympathy Avoid antipathy Avoid assumptions

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Take Courage, Shepherds!



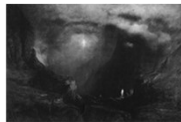
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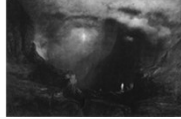
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Not serving currently?

Be encouraged to pursue personal development prior to your next term, DV.



The more you sweat in training, the less you'll bleed in battle."

Richard Marcinko, Navy Seal.

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Dunnville, August 2, 2016

....As council, we are acutely aware of the need for this program, in light of the constant attacks on the church of our Lord Jesus Christ.

....., we have agreed as council that we would continue to encourage brothers who have served as an elder or deacon to consider attending the 27 week program during their time of retirement from office. In this way, the work of Life Renewal would continue to be supported with the experience of brothers who have served in office, and our congregation would continue to be beneficially served by office bearers who have graduated from Life Renewal.

(J.VanWoudenberg)

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